

## Camping MENU and Grocery List

	DAY1	DAY 2	DAY 3
BREAKFAST	Apples, Yogurt, granola, juice	Overnight Oats or instant oatmeal, fruit, juice and coffee or hot cocoa	Fried leftover potatoes and eggs, juice, hot cocoa or coffee
SNACK 1	Pretzels, peanut butter, cheese	Trail Mix, granola bars, Apples, Juice and water	Pick something out of the snack tub that's left!
LUNCH	Sandwiches out of cooler, chips, fruit and surprise drinks for kids.	Walking Tacos	pack a sandwich for the road, chips, surprise drink, cookies
SNACK 2	Watermelon	Cheese, Crackers, Applesauce	Anything that's left. I like to hide a few things specifically for the trip home so I know there's something they like.
DINNER	Tin foil Dinners, salad kit. Roasted Starburst and S'mores	Dutch Oven Potatoes and grilled Chicken S'mores	Grab dinner on the way home. Save energy for unpacking.

## **GROCERY LIST**

### **PRODUCE**

Apples 4 lbs. (brkfst 1, snack 2)

Watermelon (snack 2)

Lettuce

Salad Mix

Onions

Peppers

Potatoes

Carrots

### **DAIRY**

Yogurt

Eggs (breakfast 3)

Cheese (Snacks, walking tacos and potatoes)

### **MEAT**

Choice for tinfoil dinners

Chicken

Sandwich meat (two meals)

Bacon (Dutch oven potatoes)

### **GRAINS**

Oatmeal

Granola

Trail mix

Granola bars

### **CANNED GOODS**

Beans (walking tacos)

Corn (walking tacos)

### **OTHER**

Marshmallows

Hershey bars

Graham Crackers

Favorite crackers for snacks

Starbursts

Fruit snacks

Peanut butter

Jelly

Juice boxes or bottles of juice

Variety of chips

Favorite Marinade for grilled chicken

Pretzels